# SECURING THE PROMISE



## Le Bonheur Club: 100 Years of Giving Back

## Le Bonheur Children's Hospital

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Le Bonheur Children's Hospital in Memphis, Tenn., treats more than 500,000 children each year through community programs, in regional clinics and a 276-bed hospital that features state-of-the-art technology and family-friendly resources. Our medical staff of more than 240 physicians provide care in 45 subspecialties.

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#### Support Le Bonheur

For more information about ways to support Le Bonheur Children's by volunteering, attending events, developing partnerships and giving financially, please visit www.lebonheur.org/ways-to-help or call 901-287-6308.

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#### MESSAGE FROM THE PRESIDENT

#### Dear friends,

More than 100 years ago, a dedicated group of women formed an organization to help underprivileged orphans in Memphis. They called themselves Le Bonheur Club and selected sewing as their first project.

In addition to sewing much needed items for orphans, Le Bonheur Club members realized they could do more to help children in the community by raising funds and identified the need for a dedicated children's hospital in Memphis. On June 15, 1952, their dream officially became a reality when the doors to Le Bonheur Children's Hospital opened.

Because of their dedication, children in Memphis and the surrounding region have had access to expert care for more than 70 years.

Thanks to the vision of Le Bonheur Club, millions of children have been cared for at Le Bonheur. From the normal bumps and bruises of childhood, to life-saving

heart transplants and brain surgeries, Le Bonheur is here when kids and their families need us most.

What began as a sewing circle of 19 compassionate women has turned into a robust Club of more than 400 committed members.

If the Founding Mothers of Le Bonheur Club could see the hospital now, I know they would be proud and in awe of what has been achieved. What started as a small community children's hospital is now a growing nationallyranked health care leader, providing expert care to children from not only Memphis but across the country.

We are eternally grateful for Le Bonheur Club's leadership and vision because without it, Le Bonheur Children's Hospital would not exist today.

Happy Birthday, Le Bonheur Club! Cheers to the next 100 years!

Sincerely,

Trey Eubanks, MD, FACS Interim President Le Bonheur Children's Hospital



# 100 Years of Le









**1923** – Le Bonheur Club is formed.

**1944** – The Memphis Pediatric Society approaches Club members with a dream: building a hospital dedicated to children. June 15, 1952 – Le Bonheur Children's Hospital opens its doors.

> 1950s – Le Bonheur Club members sew hospital gowns, bed linens and toys.

**1973** – Le Bonheur Club celebrates its 50th anniversary and makes a \$50,000 gift to the Hospital Building Fund.



**1946** – A goal of \$2 million – ambitious in a post-war economy – is set to build a children's hospital in Memphis.





October 1962 – Le Bonheur Club begins selling Gold Tags to raise money for Le Bonheur.





# Bonheur Club







 1990s – Le Bonheur Club sponsors a new playground at the hospital.

**2005** – Plans are announced to build the new Le Bonheur Children's Hospital.

June 15, 2002 – Le Bonheur Club helps celebrate 50 years of Le Bonheur Children's Hospital.



**February 14, 2008** – Le Bonheur breaks ground for the new hospital.

2010s – Le Bonheur Club establishes a \$1 million Child Life endowment which today funds many things including a music therapist at Le Bonheur.



• 2019 – Le Bonheur Club donates a new specialized pediatric ambulance.

June 15, 2022 – Le Bonheur Club hosts Le Bonheur's 70th birthday party on the hospital's front lawn.

**1996** – Le Bonheur Club adds "baby hugging" as a shift at the hospital for infants requiring extended hospital stays.

**1980s** – Le Bonheur Club members revive the "Golden Girls" and raise funds for the hospital by singing at events.



**2003** – A therapy dog program is started at the hospital and Le Bonheur Club members volunteer as guides for the dogs and handler teams.





**2012** – Le Bonheur Club and Chef Kelly English present the first Le Bon Appetit to raise funds for the hospital.



June 19, 2010 – Le Bonheur hosts a Gala to celebrate the new hospital's grand opening.

**2023** – Le Bonheur Club celebrates 100 years!



# THE NEXT GENERATION Le Bonheur Club Teens Give Back

#### In 1971, Le Bonheur Club established Le Bonheur Club Teens as an extension of

Le Bonheur Club's fundraising and volunteering efforts at the hospital.

Now more than 50 years later, each August and September, high school girls apply to join Le Bonheur Club Teens. On average, 50 girls join Le Bonheur Club Teens and spend the school year helping Le Bonheur Club and Le Bonheur Children's Hospital with a variety of activities.

These young women provide direct financial support by paying membership dues and assisting with fundraising activities like Ben & Jerry's Free Cone Day, Pumpkin Run and other Le Bonheur Club fundraisers. Le Bonheur Club Teens creates future philanthropic leaders by exposing high school girls to fundraising, volunteering and leadership in philanthropy. Their participation helps ensure that Le Bonheur Club's legacy lives on in the next generation.

#### **A MEDICAL MYSTERY** Hospital Stay Inspires Former Patient to Join Le Bonheur Club Teens

The summer prior to fifth grade, Holden Taylor became very ill. She had been stung on her abdomen and developed a rough, itchy rash. While the rash responded to hydrocortisone cream, Holden's mom, Taylor, noticed her daughter had tender spots on her shoulders and neck.

Holden had a decreased appetite and experienced bouts of vomiting. A few weeks later the rash spread and Holden began having joint pain and stiffness, accompanied by heart palpitations and a fever. Taylor grew concerned and brought her daughter to Le Bonheur's Emergency Department.

Doctors ran several rounds of tests and admitted Holden to the hospital, where she was diagnosed with a rare tick-borne illness and spent the next week under the care of infectious disease doctors. While admitted to Le Bonheur, Holden was able to interact with certified child life specialists to help put her at ease and as she recovered, she played bingo and visited with a therapy dog.



Holden Taylor was admitted to Le Bonheur for a week when she was diagnosed with a rare tick-borne illness. Thanks to the care she received, Holden made a full recovery.

"The doctors and my medical care team made me feel comfortable and well taken care of," Holden said. "Being in the hospital can be scary, but when I was at Le Bonheur, I knew I was receiving the care I needed to make a full recovery."



Former Le Bonheur patient Holden Taylor joined Le Bonheur Club Teens last summer as a way to help kids at the hospital.

When the opportunity arose to give back to Le Bonheur by joining Le Bonheur Club Teens, Holden submitted her application and officially became a member in August 2022.

"As a former patient, I bring a unique perspective to Le Bonheur Club Teens," Holden said. "It is so important to give back to the community and we are lucky to have Le Bonheur here in Memphis."

Holden has already participated in a toy drive for Le Bonheur patients and looks forward to engaging in more volunteer activities with Le Bonheur Club Teens.

#### HER SECOND HOME Lifelong Le Bonheur Patient Helps Other Kids in the Hospital

In August 2005, the Eggers family was enjoying a fun summer weekend at an Arkansas lake when their lives were changed forever. Ashley and Hamilton Eggers were grilling dinner when their 6-month-old daughter, Lilli, suddenly turned pale and lost consciousness. They rushed Lilli to a local emergency room. Doctors helped her regain consciousness and recommended the family follow up with Lilli's pediatrician at Le Bonheur back in Memphis.

Lilli underwent multiple brain studies at Le Bonheur, yet the results came back normal. Finally, a sleep study at Le Bonheur provided answers: one of the tiny heart monitors placed on Lilli's chest picked up an irregular heartbeat.

#### Last year, Le Bonheur Club Teens was honored with the "Outstanding Youth in Philanthropy" award at the

Association of Fundraising Professionals Memphis Chapter's Crystal Awards in recognition of their many years of support for Le Bonheur Children's Hospital. For more than 50 years, Le Bonheur Club Teens has demonstrated an outstanding commitment to Le Bonheur Children's Hospital by providing hands-on volunteering, fundraising and leadership in philanthropy each year.





Lilli Eggers has been a Le Bonheur patient since infancy. Diagnosed with a second-degree heart block, Lilli has undergone three surgeries at Le Bonheur.

Lilli was referred to doctors at Le Bonheur's Heart Institute where she was put on a 12-day halter monitor to see how often she was having episodes of dropped heartbeats. Results showed that Lilli had a second-degree heart block and her heart was skipping every other beat. "Le Bonheur has felt like a second home to me because I have spent my whole life there as a patient. I am so grateful for the care I have been provided and wanted to give back to others through Le Bonheur Club Teens. When you have been a patient yourself, you understand how patients in the hospital feel and I love being able to provide encouragement to them."

Lilli Eggers, Le Bonheur Club Teens member

Lilli's parents were devastated and scared for their only child, but they knew Lilli was in good hands.

Lilli was admitted and underwent a heart catheterization and had a pacemaker implanted the next day. Lilli's procedures were a success and she returns annually for

follow-up appointments.

"When I was 4 years old my doctor showed me his scar from cardiac surgery that was just like mine," Lilli said. "It made a lasting impression on me and provided me with an instant feeling of comfort and relief that I



Le Bonheur Club Teens Kennedy Polk, Lilly Rower, Clare Griffin and Maggie Kustoff volunteered on April 1, 2023 at Le Bonheur's Community Easter Party.



Le Bonheur Club and Le Bonheur Club Teens mother-daughter members share a special bond by giving back to the hospital through volunteering.

was safe with my doctors."

During her freshman year of high school, Lilli joined Le Bonheur Club Teens to give back to the hospital that has meant so much to her and her family.

"Le Bonheur has felt like a second home to me because I have spent my whole life there as a patient," Lilli said. "I am so grateful for



Lilli Eggers joined Le Bonheur Club Teens to give back to fellow patients. She is inspired by the care she has received at Le Bonheur and plans to study to become a pediatric cardiology nurse so she can care for kids like her in the future.

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the care I have been provided and wanted to give back to others through Le Bonheur Club Teens. When you have been a patient yourself, you understand how patients



Le Bonheur Club members often inspire their daughters to become Le Bonheur Club Teens. This year (I – r) Amy Crabtree, Roberta Kustoff, Kathleen Behnke, Lauren Rower, Michelle Couch, Cathy Wilson, Tresssa Ogles, Jamie Harris and Apryl Deas all have daughters in Le Bonheur Club Teens.



Le Bonheur Club Teens members (1 – r) Maggie Miller, McLain Pogue, Emma Couch, Harper Behnke, Mary Quay Wilson, second row (1 – r) Ruth Ann Seale, Amelia Crabtree, Lilly Rower and Maggie Kustoff are following in their mothers' footsteps by getting involved with the Club.

in the hospital feel and I love being able to provide encouragement to them."

Since her initial procedure, Lilli has undergone two additional surgeries and today, she is a thriving recent high school graduate who is looking forward to attending college in the fall. Le Bonheur has even inspired her future career path — Lilli plans to study to

# Leading with

## Le Bonheur Club Past Presidents Share their Passion and Heart for the Hospital

**For more than 100 years,** a dedicated group of women in Memphis have been serving children in need. Le Bonheur Club began as a sewing circle of 19 compassionate women in 1923. Today, the Club has blossomed into a robust membership of more than 400 service-driven women.

Le Bonheur Club's contributions along the way have helped the hospital grow from a small community hospital to a nationally-ranked health care leader. This transformation would not be possible without the leadership and vision of the Club's presidents throughout the years.

#### Billie Anne Williams President 1976-1977

When Billie Anne Williams joined Le Bonheur Club in 1964, her first task was selling Gold Tags — special Le Bonheur bumper stickers whose proceeds benefitted the hospital. Billie Anne proved to be an adept saleswoman, reminding people that by purchasing a Gold Tag, they were ensuring



Billie Anne Williams joined Le Bonheur Club in 1964 and began her service by selling Gold Tags to raise money for the hospital.

that Le Bonheur would be there to care for their child or grandchild in the future.

When Billie Anne wasn't going door to door selling Gold Tags, she was volunteering in the sewing room where Le Bonheur Club members made hospital gowns and other items for patients. Each member was required to complete 48 volunteer shifts per year.

Billie Anne quickly became an integral member of Le Bonheur



Billie Anne Williams, far right, served as Le Bonheur Club President when ground was broken on a new wing of the hospital in 1977.

Club and enjoyed rolling the library cart down the hospital's hallways, reading to patients, serving coffee to parents, and helping kids select a toy from Bunny Lane prior to surgery. A former teacher, Billie Anne loved having the opportunity to work with kids and give back to the community.

In 1976, Billie Anne was elected president of Le Bonheur Club, serving a one-year term. During her tenure, she helped lead a \$2-million capital campaign to add a new wing to the hospital.

"Being a part of the groundbreaking for the new wing of the hospital was the most memorable moment of my presidency," Billie Anne said. "With the additional hospital beds, more kids were able to access the care they needed at Le Bonheur."

#### ---- LE BONHEUR CLUB PAST PRESIDENTS -----

Several original members of the Club still attended meetings during Billie Anne's presidency and she knows that they, along with the Founding Mothers, would be proud of what Le Bonheur Club and the hospital have become today.

"It is incredible to see the progress that Le Bonheur has made through the years," Billie Anne said. "I'm proud to be a part of Le Bonheur's history as it has grown from a small community hospital to a nationally-ranked health care leader that specializes in many areas."

#### Debbie Florendo | Barbara Hodges President 2005-2006 | President 2016-2017

Le Bonheur Club members often talk about the Club being a sisterhood, but for Debbie Florendo and Barbara Hodges, Le Bonheur Club truly is a family affair. As the only sisters to serve as president of Le Bonheur Club — Debbie from 2005-2006 and Barbara from 2016-2017 — getting to give back to the community together has been a life-changing experience.



Debbie Florendo enjoyed working on the Christmas Cottage fundraising event when she served as Le Bonheur Club President from 2005-2006. Debbie paved the way for her sister, Barbara Hodges, who served as President from 2016-2017.

Debbie was working part-time as a medical technologist at Methodist Hospital and decided to join Le Bonheur Club as a way to give back to the hospital. She found she enjoyed participating in activities where she got to interface with patients and their families — especially serving them from the coffee cart. Debbie would wheel the cart from floor to floor delivering coffee and donuts to families, bringing comfort and a smile when they needed it most.

During Debbie's tenure, she devoted countless hours to the Christmas Cottage fundraising event which generated thousands of dollars in revenue for the hospital. Vendors decorated trees and sold holiday items — a local Mississippi potter even created a signature Le Bonheur Club pattern.

While Debbie enjoys face-to-face volunteering, she said

there is a job for everyone in the Club.

"Joining Le Bonheur Club is a wonderful opportunity to give back to the community," Debbie said. "To get the most out of the experience I tell new members to be active, participate



One of the most memorable moments of Barbara Hodges' presidency was presenting the Pat Klinke Award to Le Bonheur Club member, Sirella Joyner. Named after former Le Bonheur Club President Pat Klinke, the award honors a member's lifelong achievements and contributions to Le Bonheur Club.

and join a committee. There is a role for each member in the Club that fits their specific talents and interests."

Barbara saw the positive impact her sister was able to have while serving as Le Bonheur Club's President, so when she was offered the role a decade later she jumped at the opportunity.

While Barbara enjoys fundraising for the Club through benefit events, she has found it especially rewarding to work on crafts with patients in the hospital's Family Resource Center and help parents feel at home via items from the hospitality cart.

One of Barbara's most memorable moments during her time as President was presenting the Pat Klinke Award to Le Bonheur Club member, Sirella Joyner.

The Pat Klinke Award is given to the Le Bonheur Club member who embodies the spirit and vision of the Club's founding members, which includes a love of children and a concern for their welfare in our community. This member

must also have a strong dedication to Le Bonheur Children's Hospital and Le Bonheur Club.

"Being able to honor Sirella meant so much to me," Barbara said. "Sirella is an exemplary Le Bonheur Club member and she has devoted so much time and effort to helping both the hospital and community."

For Barbara and Debbie, the Club's longevity and devotion



Barbara Hodges served as Le Bonheur Club President from 2016-2017. When she is volunteering in the hospital, Barbara loves getting to engage with patients and their families when she serves treats from the hospitality cart.

#### LE BONHEUR CLUB PAST PRESIDENTS



As the only sisters to serve as presidents of Le Bonheur Club — Debbie from 2005-2006 and Barbara from 2016-2017 — getting to give back to the community together has been a lifechanging experience.

to its mission makes them proud.

"I think it would be hard for the Founding Mothers to fathom that the Club has not only survived 100 years, but it is thriving," Barbara said. "From a small sewing circle that gathered for 40 hours a week to help kids in the community, to raising money to start the hospital, Le Bonheur Club was established by an incredible group of women whose legacy lives on today."

Debbie noted that Le Bonheur Club's charge to help kids has remained the same through the years.

"While many other organizations and clubs have seen membership dwindle, Le Bonheur Club is still going strong," Debbie said. "I hope Le Bonheur Club carries on with our mission of helping children and doing so with our servants' hearts."

While devoting thousands of hours to the hospital they love, the sisters have also forged a deeper bond and have been able to spend meaningful time together helping others.

#### Jill Crocker President 2007-2008

As a mother of two, Jill Crocker has witnessed firsthand the impact Le Bonheur has on the lives of children and their families.

In 1996, Jill was pregnant with her first child when she was asked to join Le Bonheur Club. Despite juggling a demanding career and the impending arrival of her son, Jill's deep love for Le Bonheur and her expertise in fundraising made joining an easy decision.

"The founders of Le Bonheur Club were smart and passionate women and today they would be saying 'what can we do next to help and treat more children.' They were not easily satisfied with the status quo and I hope we have that same attitude of doing more to help children as needs in our community evolve."

Jill Crocker, President 2007-2008

The more Jill became involved in Le Bonheur Club and learned about its history, the more she wanted to participate. In addition to completing volunteer shifts inside the hospital, Jill's passion is sharing the story of Le Bonheur.

When Jill was approached to serve as president in 2007, she immediately agreed. During Jill's term, ground was broken for the new hospital, which is a day she will never forget.

Jill said that being part of Le Bonheur Club and witnessing

the next generation of the hospital was life-changing.

"When I think about the fact that the first children served at Le Bonheur in the 1950s are now adults and leaders who are making a difference, I feel inspired," Jill said. "There is no telling what the kids we help today will achieve and being a part of a new phase of the hospital in 2008 was momentous."

As both the hospital and Le Bonheur Club look to the future, she hopes they adapt to community and Club member needs while honoring their storied histories. With the hospital always on the forefront of addressing the next challenges in medicine, it is important for Le Bonheur Club to be hand in glove with the hospital to achieve their goals.



During Jill Crocker's tenure as Le Bonheur Club President, her most memorable moment was attending the groundbreaking for the new hospital in February 2008.



"The founders of Le Bonheur Club were smart and passionate women and today they would be saying 'what can we do next to help and treat more children,'" Jill said. "They were not easily satisfied with the status quo and I hope we have that same attitude of doing more to help children as needs in our community evolve."

#### Karen Eskin President 2017-2018

On a crisp fall day in 2002, Karen Eskin received the call no parent wants to get: Her 7-year-old son Brendan had been hit by a car in the carline at school. When Karen arrived on the scene, Brendan was not moving and was airlifted to Le Bonheur.

#### **—————** LE BONHEUR CLUB PAST PRESIDENTS



Karen Eskin joined Le Bonheur Club in 2004 as a way to give back to the hospital after her son, Brendan, was a patient. Brendan was hit by a car in the school carline in 2002 and spent months being cared for at Le Bonheur.

Le Bonheur doctors diagnosed Brendan with a fractured skull, head trauma, and a broken clavicle and femur. He was not expected to make it through the night. Karen was terrified.

Friends and community members rallied around Karen

and her husband, Marc, as they provided meals and helped care for the Eskins' two other children who were 6 months and 3 years old at the time.

Thankfully, Brendan survived his first night in the hospital — yet he faced a series of grim diagnoses. Doctors warned Karen that Brendan would likely be a quadriplegic and he might not regain his senses of hearing or sight. Brendan underwent countless surgeries and required Le Bonheur's round-the-clock critical care.

Brendan had been in a coma for 10 days in Le Bonheur's Pediatric Intensive Care Unit when imaging showed that his skull fracture had healed. He miraculously woke up and began the long recovery process. Brendan was able to regain his mobility and retained both his vision and hearing.

"I was so grateful to the doctors, nurses and staff at Le Bonheur that took care of my son," Karen said. "They became like family and were there for us during the worst experience of our lives."

In 2004, Karen joined Le Bonheur Club as a way to give back to the hospital and show appreciation for the care Le Bonheur provided her son. Karen hoped by joining, she could make an impact on another parent's life just as so many people had



Karen Eskin's son, Brendan, spent several months at Le Bonheur receiving life-saving care. His experience inspired his mom to join Le Bonheur Club.

impacted hers during Brendan's hospital stay.

"Whether you're stocking Bunny Lane, reading to a patient, or manning the hospitality cart, volunteering for



Le Bonheur Club past presidents (I-r) Jill Crocker, Karen Eskin, Debbie Florendo and Barbara Hodges pose next to the "Lifted" sculpture in the hospital. The art instillation represents the keys to the hospital that were attached to balloons and released into the sky the day the hospital opened in 1952.

Le Bonheur Club is fulfilling and rewarding every single time you are at the hospital," Karen said. "The outpouring of love at Le Bonheur is like nothing you've ever seen before — you feel the spirit of what it is to be there, from the medical team to the rest of the staff, and it's different from any other hospital I have ever been in."

When the opportunity presented itself to serve as the Club's president in 2017, Karen was honored to lead.

"As president, every decision we had to make, every dollar we had to spend, I always weighed it against how it benefitted the kids and families at the hospital," Karen said. "They are the first priority and I always considered them above anything else."

Sharing her family's story has not always been easy for Karen, yet it is the reason for her Le Bonheur Club career.

"My most memorable experience in the Club was when I told my story at a meeting for the first time," Karen said. "I had told individuals but I wasn't able to fully explain the story in front of a group without becoming extremely emotional. When I was finally able to share Brendan's journey at a Le Bonheur Club meeting, it was so therapeutic and I was blown away by the compassionate response I received from fellow Club members. Le Bonheur will always be a part of our family and an integral part of our story — Brendan still has the Beanie Baby he selected from Bunny Lane more than 20 years ago."



Ruth Burton Pidgeon served as President of Le Bonheur Club in 1945. More than 68 years later, her great-great grandson, Henry Grimes, received life-saving cardiac care at Le Bonheur.

Little did Ruth Burton Pidgeon know when she served as President of Le Bonheur Club in 1945 that her great-greatgrandson, Henry Grimes, would receive life-saving care at Le Bonheur more than 68 years later.

Henry was born in March 2013 and at just 2 days old, Henry's pediatrician discovered a heart murmur and sent him for an echocardiogram. Doctors diagnosed Henry with a complex congenital heart defect called Tetralogy of Fallot.

Henry's parents, Laura and Josh, were shocked and devastated to find out



Henry Grimes was born in 2013 with a complex congenital heart defect called Tetralogy of Fallot. He underwent openheart surgery at Le Bonheur when he was 3 months old. His mom, Laura, was inspired by her son's care and her family's legacy to join Le Bonheur Club in 2019.

# Five Generations of Philanthropy

## Grimes Family Gives Back to Le Bonheur

that their newborn son had a congenital heart defect. When Henry was 3 months old, he underwent open-heart surgery at Le Bonheur Children's Hospital.

"From the moment that we met Henry's surgeon, Dr. Christopher Knott-Craig, we knew that Henry would be in great hands," Laura said. "Le Bonheur is a family, and the doctors and nurses took care of Henry like he was their own son. We are so fortunate to have this resource here in Memphis."



Le Bonheur surgeon, Christopher Knott-Craig, MD, performed Henry's successful open-heart surgery in 2013.

Henry's surgery was a success and while many children born with Tetralogy of Fallot require a valve replacement surgery later in life, his parents are optimistic that Henry will not require any further surgical interventions.

In 2019, Laura wanted to continue her family's legacy of giving back to the hospital and became a member of Le Bonheur Club. Another of Laura's great-grandmothers, Kate Person Land Pritchard, served as Le Bonheur Club President from 1937-1938, so her family's connection to the Club runs deep.

"I love stocking Bunny Lane because

it's another special way to give back to the hospital that has done so much for our family," Laura said. "I know how much comfort toys from Bunny Lane give each child after their surgery."

The Grimes family also gives back to Le Bonheur through their Lovies for Bravehearts project. Henry spent his time in

the hospital being comforted by his Angel Dear lovie, which Laura held and cuddled while he was in surgery so that it had her

"If my great-grandmother, Ruth, could see me today, I think she would be proud that our family has continued the tradition of giving back to Le Bonheur. I am honored to carry on their philanthropic legacy and instill it in my own children." Laura Grimes, Henry's mother

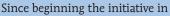


Henry was asked to bring a good citizen to school recently for chapel and invited Christopher Knott-Craiq, MD, to accompany him.

familiar scent. Henry was comforted and soothed by his lovie when he was in the hospital and Laura brought it to all of his doctor's appointments.

Laura and Josh wanted to be able to provide this same comfort for other babies and families who are going through their own medical journeys.

"All heart babies and babies in intensive care units are Bravehearts, and their resiliency and courage to be brave and strong throughout their medical journeys is inspiring," Laura said. "We donate Angel Dear lion lovies to the mothers in the fetal cardiology clinic and patients in Le Bonheur intensive care units, and to Bravehearts in hospitals across the country. The lion is a symbol for every patient to be brave and courageous throughout their medical journey, and the lovie is a way to provide physical comfort for the child."





The Grimes family began donating lion lovies to Le Bonheur patients in 2014 in honor of their son, Henry (pictured above), who is a cardiac patient. Today, 10-year-old Henry participates in his family's fundraising efforts.

2014, more than 2,000 Braveheart Angel Dear lion lovies have been donated.



Henry attends annual follow-up cardiology appointments at Le Bonheur.

Today, Henry golfs, plays basketball, and loves to draw. Henry also participates in his family's fundraising efforts for Lovies for Bravehearts by hosting a lemonade stand. In 2022, Henry's lemonade stand was able to raise more than \$3,000 to purchase and donate a red wagon to the Le Bonheur Cardiovascular Intensive Care Unit (CVICU) and fill it with even more lovies.

Five generations later, Ruth's dedication to Le Bonheur lives on through her family.

"If my great-grandmother, Ruth, could see me today, I think she would be proud that our family has continued the tradition of giving back to Le Bonheur," Laura said. "I am honored to carry on her philanthropic legacy and instill it in my own children.

# REAL STREET

CENTURY

## Safeguarding the Future of Exceptional Pediatric Care

As the hospital's Founding Mothers, members of Le Bonheur Club have been donating their time, talents and treasure to Le Bonheur Children's since opening its doors in 1952. Club members have served in myriad volunteer and donor engagement roles across the decades, running the hospital's gift shop and tea room, staffing the sewing room, reading to patients, operating a hospitality cart, sorting and delivering mail, stocking toys on Bunny Lane, accompanying therapy dogs on hospital visits, hosting parties and special events for patients, families and staff, and even operating the hospital elevators in Le Bonheur's earliest years of operation.

Club members have also raised millions of dollars for Le Bonheur, beginning with the \$2.2 million gift that made the hospital's construction possible. From their weekly in-person volunteer shifts to their countless community engagement efforts, Le Bonheur Club has worked tirelessly for 100 years and counting to secure the promise of hope and healing for children in and beyond the Mid-South.

#### **NO-SEW BLANKETS** Weaving Traditions Together

In Le Bonheur's early years, many Club member shifts were spent in the hospital's sewing room, where volunteers dutifully made hundreds of gowns, garments and other linens to support operations at the children's hospital. During their weekly threehour shift, Club members sewed patient gowns, surgical gowns for physicians and nurses, masks for clinical staff, bedsheets and even handmade toys for the Bunny Room, where patients were encouraged to pick out a new toy before having surgery at Le Bonheur.

In the early decades at Le Bonheur Children's, many Club members spent their weekly volunteer shift in the hospital's sewing room producing bedsheets, gowns, masks and other garments to support patients, staff and clinical operations.

Today, the Club's handmade "no-sew" blankets reflect both the interests of modern-day patients and the fast-paced lives of contemporary Club members — many of whom work full time in addition to their volunteer endeavors at Le Bonheur and elsewhere. Club members come together in the hospital's Community Room, at Le Bonheur Club Headquarters and other



In January of 2023, Le Bonheur Club members and Le Bonheur Club Teens gathered in the hospital's Community Room to host a No-Sew Blanket Party.

locations to host No-Sew Blanket Parties, resulting in dozens of handcrafted and lovingly made blankets designed to comfort patients and brighten their hospital rooms with color and cheer.

"No-sew blankets are a nod to our roots," said Le Bonheur Club President Debbie Compton. "Le Bonheur Club was founded in 1923 by 19 young women who formed a sewing circle to make clothes for children at the Leath Orphanage. A full century later, our members are carrying on that sewing



circle tradition in our own way, continuing our founders' practice of making blankets that can be placed on Bunny Lane alongside games and toys."

Le Bonheur Club member Kathleen Behnke, center, lays out fleece to make a no-sew blanket with two volunteers from Le Bonheur Club Teens.

#### **GOLD TAGS** Funding Le Bonheur's Future

In 1962, Le Bonheur Club began hosting its annual Gold Tag Drive — a project that has served as the organization's signature fundraiser for more than 60 years, with Elvis Presley among the drive's early supporters. Launched just 10 years after Le Bonheur Children's Hospital opened its doors, the Gold Tag Drive is an annual letter writing campaign in which members send direct mail solicitations to their friends, family members and associates asking for donations to help support the hospital. Throughout the fundraiser's first few decades, donors were given a "gold tag" bumper sticker to place on their vehicle as a show of support for Le Bonheur. During the campaign's early years, gold tags were sold for \$10 each, and every Club member was asked to raise \$200 for the hospital, which equates to almost \$2,000 in today's economy.

"Selling tags for Le Bonheur was a wonderful experience because people would come and give you all the change in their pocket, and then they would tell stories about their children or grandchildren who had been cared for at Le Bonheur. We heard many uplifting stories and we did the work because we loved helping Le Bonheur help children."

Former Le Bonheur Club President Billie Anne Williams

The Club also sold March tags, or small bumper stickers that corresponded with license tag renewals, for 50 cents each, working group shifts at the fairgrounds and the courthouse to raise money and awareness for the hospital.

"Back then, all license tags were sold during March, and we could make quite a bit of money — sometimes \$20,000 across the month — working in three-hour shifts of four or five members," recalled Billie Anne Williams, who joined Le Bonheur Club in 1964 and served as Club president in 1976.



Le Bonheur Club members total checks and cash collected in support of the Gold Tag Drive, launched in 1962 as the organization's signature annual fundraising event.

"Selling tags for Le Bonheur was a wonderful experience because people would come and give you all the change in their pocket, and then they would tell stories about their children or grandchildren who had been cared for at Le Bonheur," said Williams. "We heard many uplifting stories and we did the work because we loved helping Le Bonheur help children."



Pat Klinke, Le Bonheur Club president in 1983, presents a Gold Tag to Tennessee's then-Gov. Lamar Alexander. Klinke became widely known for the rum cakes she would bake and bestow upon generous supporters of the Club's annual Gold Tag sale.

Through the years, the price of gold tags rose from \$10 to \$25 to reflect the rising costs of care, and Club members often spent their volunteer days calling on local businesses and selling tags to

individuals at offices throughout the community. Former Club president Pat Klinke, who led the organization in 1983, became widely known around town for her mouthwatering rum cakes, which she would bake for friends and colleagues who supported the Gold Tag Drive. Klinke even sold a gold tag to former Tennessee Gov. Lamar Alexander during his gubernatorial term in the early 1980s.

Today, the Gold Tag Drive has evolved to reflect a more modern landscape and typically includes several in-person events annually, including a Sip and Shop event at the Laurelwood Shopping Center in recent years and a local art show to generate awareness and donations. Though the campaign's framework has changed throughout time, the heart of the Club's annual fundraising event is still rooted in letters written from members to friends, humbly asking for support to safeguard the future of our region's only comprehensive children's hospital.

#### THERAPY DOGS Welcoming Four-Legged Friends

Studies show that the simple act of petting a dog can lower a person's blood pressure, steady their heart rate and ease symptoms of anxiety — which is why Le Bonheur Children's has been bringing therapy dogs to the hospital bedside for more than 20 years. Patients, parents and care providers alike delight at the sight of four-legged companions rounding on units throughout the hospital, which recently began welcoming therapy dogs into its Neonatal Intensive Care Unit and is investing in more opportunities for therapy dogs to connect with Le Bonheur staff.

Each therapy animal undergoes extensive training to prepare for their role visiting hospitalized children, and every dog and handler team is escorted by a Le Bonheur volunteer. In recent years, approximately a dozen Le Bonheur Club members have volunteered in the role of therapy dog and handler host, including the Club's Immediate Past President, Lala Dando. Dando formerly served as volunteer escort for therapy dog Annie and her handler, Ellen Rodgers, and recalls paying weekly visits to the same patient for more than a year.

"In our initial weeks visiting this young boy, he was essentially nonresponsive," remembers Dando. "Over time, though, the child regained some abilities and began to engage

with members of his care team and, in particular, he began to build rapport with Annie, the black Labrador who paid him a pet therapy visit every week. Everyone on the unit would get so excited when it was time for Annie to visit because this



Pet therapy is an integral part of patient- and family-centered care at Le Bonheur, where animals like therapy dog Sunny have been showing love to hospital patients, families and staff for more than 15 years.

boy responded so well to her, and by the end of his yearlong admission, the patient took his first steps around the unit with Annie guiding and supporting him. All of the staff were crying, cheering and celebrating this patient's progress and the profound positive impact the therapy dog team made on his recovery."

Dando and other Le Bonheur Club members have helped welcome therapy dogs and their handlers to the hospital's inpatient units, pre-operative waiting area, critical care units and outpatient rehabilitation centers, bringing smiles and happy distractions to hundreds of children and caregivers every year.



Le Bonheur Club member Jean Tuggle, left, and Child Life Director Jessica Liles, right, accompany handler Pam Westphal and dog Sunny on therapeutic visits with patients in the hospital's Neuroscience Institute.

#### **LE BON APPETIT** *Cooking for a Cause*

Le Bon Appetit — a biennial chef showcase spotlighting some of the brightest culinary talent from across the country — was launched in 2012 as the brainchild of acclaimed Memphis chef, Kelly English, and then-Le Bonheur President Meri Armour. Le Bon Appetit was established to raise funds, generate support and grow awareness for Le Bonheur while giving Memphians



Le Bon Appetit is a biennial fundraising event hosted by Le Bonheur Club and acclaimed Memphis chef Kelly English. Since its inception, Le Bon Appetit has raised more than \$1 million to support the Mid-South's first and only comprehensive hospital dedicated to kids.

a chance to connect with some of the nation's most celebrated chefs — including several celebrity chefs and Food Network stars. Le Bonheur Club was tapped in the event's inaugural year to bring Le Bon Appetit to life, providing everything from promotional and logistics support to hundreds of hours of boots-on-the-ground volunteer labor.

Chef English was eager to support the work of a familyfriendly, child-centered hospital. English spent two months at age 6 in an adult hospital recovering from a life-threatening fall, and his leadership has helped establish Le Bon Appetit as one of the city's preeminent fundraising and "friendraising" events. In the course of its five iterations, Le Bon Appetit has grown exponentially in size and scope. By 2018, the event had grown to such a large scale that LEO Events, an award-winning event solutions agency, was engaged to oversee Le Bon Appetit's execution and the party was moved to Memphis' historic Crosstown Concourse where a record number of attendees joined in the fun.

After bringing LEO Events on board to streamline event logistics, Le Bonheur Club members continued to serve in vital volunteer roles, including the pre-party for guest chefs and sponsors, the Chef's Breakfast — a Chopped-style cooking event hosted at FedExFamilyHouse for Le Bonheur patients and families — the after party, and of course, the signature event showcasing more than 30 of the nation's best chefs. Among other duties, many Club members volunteer to serve as a Chef Hostess throughout the week, providing hospitality and support for each of the event's visiting and local chefs.

When COVID-19 prompted the cancellation of Le Bon Appetit 2020, Chef English and the Club swiftly pivoted to develop a series of virtual cooking classes hosted by featured chefs from the event. Held in the summer of 2021, the event's seamless virtual adaptation exceeded fundraising expectations and ultimately won English a Crystal Award from the Association of Fundraising Professionals (AFP) Memphis Chapter. And in 2022, Le Bon Appetit returned to Crosstown Concourse for the event's most successful year yet, a starstudded lineup that won Le Bonheur Children's and Le Bonheur Club the prestigious Catersource Achievement in Catering Excellence (ACE) Award in the category of Catered Fundraising Event of the Year.

Since the event's inception, Le Bon Appetit has raised more than \$1 million for specialized medical equipment, child-specific programming and technology. Le Bonheur Pharmacist and Club

member Kelly Bobo, who co-chaired 2021 and 2022 Le Bon Appetit alongside Club member Allison Prescott, attributes the event's success to the communal mentality surrounding its planning and execution.



In 2022, Le Bon Appetit was nationally honored with the prestigious Catersource Achievement in Catering Excellence (ACE) Award for best Catered Fundraising Event of the Year.

"It takes a village to pull off an event of this magnitude, from the experts at LEO Events, to the Club members and Le Bonheur staff, to Chef Kelly and the incredible chefs he brings in from all over the country," said Bobo. "Kelly English is one of the best humans on the planet, and he always goes out of his way to create an intentional roster of celebrity chefs, new chefs, diverse chefs and beloved Memphis chefs. The atmosphere at the 2022 event was positively electrifying — we received so much positive feedback from our attendees about the amazing food, the space and the energy — and it was a truly exhilarating experience, being back together in person again and watching people have such a wonderful time for the sake of Le Bonheur."

Plans are already underway for Le Bon Appetit 2024, scheduled for June 8, 2024, which promises to build upon the energy and commitment to excellence fueling the event since its beginning. To learn more or to view the chef lineup from 2022, visit www.lebonappetit.org.

#### HOSPITAL EVENTS & PROGRAMS Extending Hospitality to All

Le Bonheur Club was founded on the core values of hospitality, hope and healing, and Club members have long known that a key element of hospitality is treating others to a good time. That's why the Club makes a special point to show Le Bonheur Associates, physicians, patients and families lots of love year-round, hosting catered celebrations for Doctors' Day, Nurses' Week, the hospital's birthday and around the



Le Bonheur Club members host the 2022 Doctors' Day celebration. The Club caters a special party each year for Le Bonheur physicians on National Doctors' Day, as well as catering a reception for Le Bonheur nurses during the hospital's annual Nursing Stars Ceremony.

Christmas holidays. Club members also host holiday-themed craft parties for patients on special occasions throughout the year, gathering groups in the Family Resource Center that was funded by a financial gift from the Club.

"Associates and physicians deserve to be recognized and cared for just as much as the patients, because without these individuals, Le Bonheur wouldn't be able to provide the worldclass patient care that the hospital is known for," said Lala Dando, Le Bonheur Club member and former Hospital Special Events Chair. "The holiday party we throw each year is one

#### **CLUB CONTRIBUTIONS** | Supporting Hospital Operations



In 2019, Le Bonheur Club underwrote the hospital's purchase of a dedicated pediatric ambulance, specially outfitted for the safe transport of the most fragile patients. From left to right, Club members Julie Trayal, Janie Roberts, Anne Canale and Myra Gammon pose in front of Le Bonheur's newly acquired pediatric ambulance.



Le Bonheur Pharmacists and Club members Kelly Bobo, left, and Sadie Cox-Hogue, right, helped keep Bunny Lane stocked with toys for patients throughout COVID-19. Each year, Le Bonheur Club donates more than \$100,000 worth of toys for children undergoing surgery at the hospital.

Taylor Brown, Le Bonheur certified child life specialist and certified music therapist, conducts a music therapy session with Jacobi, a patient in Le Bonheur's Intermediate Care Unit. Taylor's work with patients like Jacobi is made possible through the Child Life Endowment, which is funded by Le Bonheur Club.



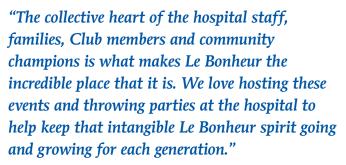




Built to provide kids and families with easier access to rehabilitation services, Le Bonheur's Outpatient Center in East Memphis was made possible thanks to a sizable financial contribution from Le Bonheur Club.

of my favorite events, because it's a great way to get in the Christmas spirit, boost morale during a busy season and extend a sincere thanks to the staff for their hard work throughout the year."

Le Bonheur celebrates National Doctors' Day on March 30 each year, followed by a Nursing Stars Ceremony during National Nurses' Week each May, and Club members have been lending their support for decades to make these events meaningful and rewarding. Each holiday luncheon, birthday party and staff reception is a labor of love, often requiring hands-on help from as many as 75 Club members to



#### Former Le Bonheur Club President Lala Dando



To celebrate the grand opening of the newly constructed 12-story Le Bonheur Children's, the hospital hosted a birthday parade in June 2010 complete with floats, costumed characters, celebrity hosts and featured groups including Le Bonheur kids, hospital physicians, Family Partners and Le Bonheur Club members.

ensure an enjoyable event for Le Bonheur Associates and physicians. Club members also extend hospitality to patients and families at Le Bonheur by stocking family rooms on each unit with "Taste of Home" meals and groceries, as well as circulating a hospitality cart stocked with magazines, coloring books, notepads, crayons, toys and other small items to help pass the time during a hospital stay.

"The collective heart of the hospital staff, families, Club members and community champions is what makes Le Bonheur the incredible place that it is," said Dando. "We love hosting these events and throwing parties at the hospital to help keep that intangible Le Bonheur spirit going and growing for each generation."

While Le Bonheur Club's many programs, events, volunteer efforts and annual fundraisers are impressive in their own right, there is no greater testament to this group's dedication than the many fruits of their ongoing investments in Le Bonheur.



On January 10, 2023, Le Bonheur Children's Hospital hosted a 100th birthday party for Le Bonheur Club in the Family Resource Center made possible by a S2 million gift from the Club. Club members and hospital staff gathered for a celebration in this thoughtfully appointed space, which serves as an education and entertainment resource for patients, parents and siblings at Le Bonheur.

Le Bonheur Club recently committed to raise \$500,000 for the construction of a dedicated outdoor rehabilitation facility on Le Bonheur Green — an interactive outdoor space on the hospital's front lawn.





In May 2023, Le Bonheur opened a state-of-theart broadcast media center located inside select children's hospitals. Income from Le Bonheur Club's endowment helped support this project.

#### **THE GOLD CENTENNIAL BALL** Celebrating 100 Years Strong

Le Bonheur Club has hosted many amazing formal fundraisers through the years, including a magical evening this spring to celebrate 100 years of the Club. Guests entering the Peabody's Grand Ballroom on the evening of April 29 were greeted by a stirring sight — the Le Bonheur heart, larger than life, bathed in bright light and suspended over the ballroom's center stage.



Prior to The Gold Centennial Ball, Le Bonheur Club's most recent gala fundraiser was a birthday ball hosted in June of 2015, when hundreds of the hospital's most ardent supporters celebrated at the famed Peabody Memphis.

"The moment you see that heart, it reminds you why you're here," said Sally Perry, Club member since 2001 and co-chair of The Gold Centennial Ball. "Everyone knows the Le Bonheur heart and what it symbolizes for children and families."

Perry and fellow Le Bonheur Club member Lauren Barnett co-chaired the Le Bonheur Children's Hospital Ball in 2015, hosted by Le Bonheur Club, and this year, the two were joined by a third co-chair, Haley Edmonds, and a 45-member planning committee to execute one of the most momentous fundraising events in the Club's history. Held in celebration of the Club's 100th anniversary, The Gold Centennial Ball was a magical evening of lighthearted fun, incredible food, time-honored friends and meaningful fellowship, as hundreds gathered at The Peabody Memphis to pay homage to one of our city's most cherished and longstanding institutions.

Guests heard from Le Bonheur patient and Honorary Ball Chair, Lucy Krull, and her parents, Kate and Erik. The Krull family worked with Le Bonheur to create Le Bonheur Green, a nearly two-acre green space on the hospital's front lawn that provides healing and hope to patients and their families. Le Bonheur Club recently committed to raise \$500,000 for the construction of a dedicated outdoor rehabilitation facility on Le Bonheur Green.

Attendees were also treated to a heartwarming performance from a children's chorus comprised specially for The Gold Centennial Ball, which included the children and grandchildren





Le Bonheur Club members enjoying the Ball.



Ball Co-Chairs Lauren Barnett, Sally Perry and Haley Edmonds spent months planning the wonderful evening celebrating 100 years of Le Bonheur Club.



Le Bonheur Club President, Debbie Compton, and Le Bonheur Children's Hospital Interim President, Trey Eubanks, MD, FACS, celebrate 100 years of Le Bonheur Club.



To commemorate the grand opening of the new 12-story Le Bonheur Children's Hospital, Le Bonheur Club hosted a celebratory gala in June 2010 on the grounds of the newly-constructed facility.

of Club members. Choir directors from several area schools loaned their talent — and their student singers — to make this musical tribute to Le Bonheur possible.

As a part of the Centennial Celebration, the Ball chairs created a beautiful embroidered blanket, handstitched to commemorate 100 years of Le Bonheur Club. The blanket reflects the names of 100 individual women or groups of women who have made a lasting positive impact on their community. Ultimately, the blanket will become part of an art installation on the grounds of Le Bonheur Children's Hospital, where it will hang as a testament to the many women who have made the hospital's work possible through their ongoing service to Le Bonheur Club.

Other special tributes included the presentation of two flags — one flown over the Tennessee Capitol and one flown over the U.S. Capitol in honor of Le Bonheur Club — the lighting of the downtown bridge in red and gold, and a "Raise Your Heart" live auction fundraiser where guests were invited to make additional gifts in support of Le Bonheur.

"The Gold Centennial Ball is a celebration of the success achieved across 100 years of Le Bonheur Club's existence," said Perry. "That

success translates to tens of thousands of children who were able to live their lives and grow into adulthood, healthy and thriving, because they had access to the life-saving care they needed right here in our Memphis community. Everything our Club has achieved has been a collective effort, and it's the ongoing impact we've made on the hospital these past 70 years that humbles us and makes us most proud."



Le Bonheur Club members and guests enjoy The Gold Centennial Ball.



Le Bonheur Club members, sustainers and friends enjoy the cocktail hour at The Gold Centennial Ball.



Le Bonheur patient and Honorary Ball Chair, Lucy Krull, with her Le Bonheur physician and Le Bonheur Club member, Lauren Ditta, MD, and her mother, Kate Krull.

## **BUNNY LANE BRINGS JOY**

### Le Bonheur Club Spearheads, Sustains Time-Honored Toy Tradition

nviting children to choose a special toy on their way to surgery is one of Le Bonheur's oldest and most beloved traditions, established and sustained by Le Bonheur Club since 1952. Through the years, the tradition has grown from a simply-stocked Bunny Room to the hallway-length Bunny Lane, overflowing with developmentally appropriate toys for kids ranging in age from newborn to late teens.

#### THE HALL WITH TOYS Bunny Lane allows kids to be kids

"Are we going to the hall with toys?"

Madison "Maddie" Fulgham would ask this question of her mom many times throughout her seven-month stay awaiting a heart transplant at Le Bonheur Children's Hospital. After all, "the hall with toys," formally known as Bunny Lane, quickly became 4-year-old Maddie's favorite place in the hospital, according to her mother, Meggan Mickle. Meggan and Maddie first arrived at Le Bonheur in summer of 2022 along with Maddie's twin brother, Junior, and the three would call Le Bonheur's Cardiac Care Unit (CCU) home until January of the following year.



"Madison is a ball of miracles and fire," said Meggan. "She was diagnosed with Hypoplastic Left Heart Syndrome, a rare congenital heart defect, during my pregnancy and experienced her first open heart surgery at only 8 days old. At 6 months old, Maddie underwent her second open heart surgery and had numerous smaller procedures and

Maddie models a tiara and other jewelry as she recovers from a successful transplant surgery.

#### Bunny Lane Then and Now

#### 1952

- Six surgeries a day
- Six operating rooms
- 1,615 surgeries in first full year
- Most popular toys:
  - Stuffed animals and dolls, handmade by Club members Fisher-Price Little People Matchbox cars Play-Doh

#### 2022

- 50+ surgeries a day
- 17 operating rooms
- 12,077 surgeries
- Most popular toys: Barbie dolls Craft kits Board and card games Legos

surgeries in between. We knew, from a very young age, that Madison would require a heart transplant early in her life."

In the first few years of Maddie's care, she and her family became intimately familiar with hospitals and heart procedures — but it wasn't until their local hospital in Mississippi closed its transplant program that the family became connected with Le Bonheur.





The hospital's in-house toy "store" has expanded alongside other Le Bonheur resources throughout the decades, evolving from a small room offering a few dozen toys in the 1950s, pictured above, to a shelf-lined room in the 1960s featuring more toy options, pictured below, to present day Bunny Lane — an entire hallway stocked with hundreds of toys for kids of all ages.





Le Bonheur Club's Immediate Past President and former Bunny Lane Chair Lala Dando helps patient Mia Thorbs pick out a brand new toy before undergoing an operation at Le Bonheur. Patients take comfort knowing their toy will be waiting for them as they recover from surgery.

"When our local hospital shut down their transplant program it was devastating, but we searched for another place to call home and we found Le Bonheur," recalled Meggan. "Everyone was so warm and inviting. Le Bonheur was a place of new beginnings."

Maddie was admitted to Le Bonheur's CCU in June 2022 for a heart transplant workup, where she, Meggan and Junior would remain until Maddie received her "forever" heart on Nov. 28 of that year. Including post-transplant recovery time, the family lived at Le Bonheur for nearly seven months, during which time Maddie made more than a dozen visits to Bunny Lane to undergo pre- and post-transplant procedures and, of course, the transplant surgery itself. According to her mom, the opportunity for Maddie to pick out a new toy before every procedure or surgery made a profound difference in her daughter's care experience.

"As a young child undergoing frequent medical procedures, Bunny Lane meant the difference between a complete meltdown for Maddie and her brother or a smooth transition for them both," said Meggan. "The chance to 'shop' for a new toy made Maddie



forget she was headed into another surgery, and even if that only lasted a moment, the experience still gave my kids the chance to be kids and briefly forget about living in a hospital."

#### RUNNING AROUND WITH NOTHING ATTACHED Frequent Bunny Late visitor makes full recovery after heart transplant

As a care team member heavily involved in Maddie's

play and development throughout her seven-month inpatient stay, Le Bonheur Certified Child Life Specialist Kristin Pittman also bore witness to the significant impact Bunny Lane made on Maddie.

Kristin worked with the family on a daily basis from June through December of 2022, providing Maddie and Junior with developmentally appropriate education about her upcoming heart transplant and routinely engaging them in both medical play and normative activities such as creative arts and special events. Meggan, meanwhile, received emotional support, suggestions of coping techniques for herself and

the twins, and frequent Maddie photos and updates when Meggan was away from the hospital.

"My favorite memories of Maddie are watching her play with the toys and art activities she picked out from Bunny Lane," recalled Kristin. "She would always be so excited to show me and other CCU staff members the toys she picked out, and there was never a shortage of fun things to do in

her room! In her final weeks at Le Bonheur after her heart transplant, I remember standing in the hallway with Meggan and other staff watching Maddie running

"As a young child undergoing frequent medical procedures, Bunny Lane meant the difference between a complete meltdown for Maddie and her brother or a smooth transition for them both. The chance to 'shop' for a new toy made Maddie forget she was headed into another surgery, and even if that only lasted a moment, the experience still gave my kids the chance to be kids and briefly forget about living in a hospital." Meggan Mickle, Le Bonheur parent

around with nothing attached to her, enjoying all the toys she received over the months of her admission. We almost had tears in our eyes watching her get to run, play and just be a kid again."

Delayne Williams, clinical director for Le Bonheur's Same Day Surgery, Post Anesthesia Care and Pre-Surgical Screening Units, also extols the many benefits of Bunny Lane for a child's surgical experience. A nursing leader with nearly two decades in service to Le Bonheur, Delayne appreciates the essential role Bunny Lane toys can play as

distraction therapy for both pre- and post-operative patients.

"I can't imagine Le Bonheur Surgery without Bunny Lane," said Delayne. "It gives the children something to look forward to after having their weight, height and vital signs checked. When kids turn that corner and see all of the toys displayed on the shelves just like a toy store, their eyes light up. Sometimes we see that same expression on their parents faces, too. And with pre-op wait times ranging from 90 minutes to two hours, Bunny Lane toys are the perfect distraction tool to help keep children happy and engaged."

In addition to the distraction therapy benefits, Bunny Lane also

provides many parents with a positive experience leading up to their child's operation or procedure. Parents of infants are encouraged to choose a toy on their child's behalf, which they can then use to comfort and engage their child in play during recovery. And, for older children, Bunny Lane provides a sense of autonomy, choice and control during a vulnerable time, as kids are empowered to

> decide which toy they would like to play with and take home after surgery.

> "I truly cannot imagine my job without Bunny Lane because of the daily impact I see it make



Above, 4-year-old heart transplant patient Maddie Fulgham celebrates the Christmas season at Le Bonheur, playing with toys she selected on one of her many visits to the hospital's Bunny Lane.

on patients and families, no matter how long they are here at the hospital," said Kristin. "I am so grateful that Le Bonheur Club understands how important play is during a child's hospital experience and recognizes the value of kids simply wanting to be kids. It's my hope that Bunny Lane will continue on forever because of the positive impact, normalization and play opportunities it provides for all Le Bonheur surgery patients, as well as their families."

#### A DEFINITE LABOR OF LOVE Volunteer efforts sustain Le Bonheur Club's signature outreach initiative

Lala Dando, former Bunny Lane Chair and Le Bonheur Club's immediate past President, also views Bunny Lane as essential to the pediatric surgical experience at Le Bonheur — not to mention a personal favorite pastime when dedicating service hours to the hospital.

"As many times as I've had a patient come through to pick out a toy while I'm stocking Bunny Lane, it never gets old to see that child light up and see the smile that comes across their face," said Lala. "To bring a child some joy right before they undergo surgery brings a smile to your face, knowing that you're providing a child some happiness and granting their parent some comfort and peace of mind on an otherwise difficult and stressful day."

Each year, Le Bonheur Club donates more than



Longtime Le Bonheur Club member Karen Eskin stocks Bunny Lane to ensure a wide selection of toys and games is always available for kids coming to the hospital for surgery. Her son, Brendan, required lifesaving critical care at Le Bonheur following a traumatic injury at age 7, so Karen understands firsthand the importance of play and positive distractions for young patients.

\$100,000 worth of toys, plus hundreds of volunteer hours receiving, organizing and stocking items on Bunny Lane, to support the hospital's annual "As many times as I've had a patient come through to pick out a toy while I'm stocking Bunny Lane, it never gets old to see that child light up and see the smile that comes across their face. To bring a child some joy right before they undergo surgery brings a smile to your face, knowing that you're providing a child some happiness and granting their parent some comfort and peace of mind on an otherwise difficult and stressful day."

> Lala Dando, former Bunny Lane Chair and Le Bonheur Club's immediate past President

surgical volume of more than 12,000 operations. The time-honored tradition has been hailed as the Club's signature outreach initiative by current President Debbie Compton, who echoes hospital staff in her desire for Bunny Lane to continue serving children far into the future.

"Bunny Lane is a definite labor of love, representing thousands of toys and many volunteer hours every year," said Debbie. "The care experience at Le Bonheur is centered on the child, which means every patient undergoing surgery receives a toy — and many children remember what toy they picked out before surgery well into adulthood. Bunny Lane is a blessing to children and their parents, and of all of our programming, I believe this tradition should always continue."

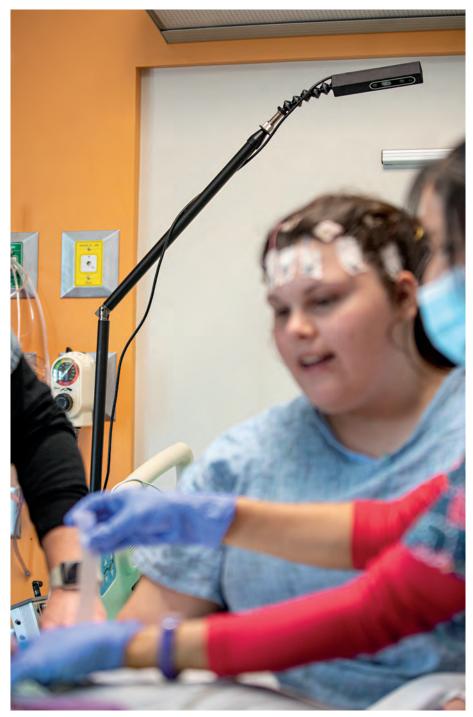
And for parents like Meggan, who is now pursuing a career in pediatric nursing, Bunny Lane stands as a testament to the loving care she and her children received during one of their family's most trying times.

"Bunny Lane is the heart of Le Bonheur," said Meggan. "Without it, there are days we wouldn't have made it. As a parent, it hurts that I cannot always relieve my children's fears, but knowing Bunny Lane is there to provide Maddie with comfort in her time of need gives me comfort as well. Bunny Lane always gave us something to look forward to, and I believe this place plays a vital role keeping the hopes and spirits of children alive."



# AI for Epilepsy

Le Bonheur's Neuroscience Institute participates in clinical trial to validate AI seizure detection and characterization system



Le Bonheur Children's Hospital is the first location in the U.S. to test the Nelli<sup>™</sup> seizure detection system for its use with children. Pictured here, the system is used in Le Bonheur's Epilepsy Monitoring Unit (EMU) and consists of a camera (pictured above the patient), computer and microphone.

If your child has seizures, something as routine as putting them to bed can be fraught with anxiety. What if the child has a seizure overnight? Should the parent sleep in the same room as their child? What if they don't hear their child having a seizure?

Neurologists at Le Bonheur Children's Hospital are working with researchers on a clinical trial to validate Nelli<sup>®</sup>, an artificial intelligence (AI) technology that has the potential to ease parental anxiety and detect a child's seizures. Le Bonheur is the first hospital in the United States to test this technology for its use with children.

"If we can validate this technology, it would provide great peace of mind to parents. If their child is not seizure free at night, they could be alerted and attend to their child in case of a seizure," said James Wheless, MD, chief neurologist and co-director of Le Bonheur's Neuroscience Institute. "One of our goals is identifying technology that can help us help families."

Le Bonheur's Neuroscience Institute has long been involved in trials to examine technology that detects, diagnoses and treats seizures. The Nelli<sup>®</sup> system is just one in a long line of technologies that Le Bonheur physicians have investigated to benefit their patients.

Nelli<sup>®</sup> consists of a personal recording unit (PRU) that contains a computer,

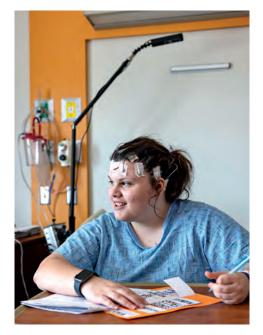
#### Potential Benefits of Nelli®

- Ease parental anxiety about nighttime seizures
- Detect seizures without requiring the child to wear anything
- Constant nighttime monitoring for seizures

camera and microphone. The child does not wear anything, and nothing is connected to them. The PRU captures movement and sound and then analyzes them via AI algorithms to determine if they are indicative of seizures. The system uses advanced machine learning techniques to continue refining its ability to detect seizures as it learns more movements and sounds that

indicate a seizure event. The system also generates a report for a physician to review their patient's seizure activity.

But the system is still learning, particularly with detecting children's seizures. That's why its creators contacted Wheless to assist with a clinical trial validating its use for children using



the Epilepsy Monitoring Unit (EMU) at Le Bonheur.

"We have a robust and busy EMU that captures many types of seizures," said Wheless. "We also have a track record of testing seizure detection devices for families — we understand the concept and have a history of participating in many of these trials to use technology to improve the lives of our patients and families."

To date, Le Bonheur's Neuroscience Institute has been involved in 24 studies that use technology to help children with epilepsy. Four of those studies investigated epilepsy treatments with technology, such as responsive neurostimulation (RNS) and vagus nerve stimulation (VNS), including studies to bring VNS to market for use in children. So far, Le Bonheur has conducted 11 trials to investigate technology that detects seizures.

And now Wheless and Le Bonheur's neurologists are helping Nelli<sup>®</sup> learn to better detect seizures by reviewing the results produced by the system to improve the algorithms and provide a more accurate seizure report. If a child in Le Bonheur's EMU has a seizure, but

Nelli<sup>®</sup> doesn't label it as such, the video EEG system in the EMU will pick up the seizure event. Le Bonheur neurologists can mark the event as a seizure in the system's stored memory. From then on the system will register that movement or sound as associated with a seizure. In this way, Le Bonheur neurologists are determining which seizures types the AI is missing and then helping the AI to improve.

"We also have a track record of testing seizure detection devices for families — we understand the concept and have a history of participating in many of these trials to use technology to improve the lives of our patients and families."

James Wheless, MD, co-director of the Neuroscience Institute

The ultimate goal is to validate the system so that parents can use Nelli<sup>®</sup> at home as a seizure detection and management system. Any movements and sounds would instantly run through the database. If the movements and sounds are associated with seizure events, the system would notify in near real time. This way, parents could sleep better at night and have peace of mind knowing their child was under constant monitoring.

The system could also be valuable for neurologists as they look to best treat their patient's seizures. Neurologists could use results from the system to determine whether or not a patient is having seizures and what kind, which is helpful information to adjust treatment and alert physicians if the child's seizure control is inadequate.

"At this stage, the technology looks very promising. Nelli<sup>®</sup> could improve patient care by giving parents peace of mind. If a caregiver is exhausted — either from not sleeping at night due to a concern that their child will have a seizure or from sleeping with the child — a child is not going to get as good of care," said Wheless.

# **Finding Answers**

Hopelessness turns to hope with the help of Le Bonheur and this mother wants to give back

> Neurologists at Le Bonheur Children's Hospital diagnosed and manage 7-year-old Anabelle Krueger's epilepsy.

atie Krueger had an uneventful pregnancy. Her prenatal visits were routine, and each pregnancy milestone was a special moment to check off a list that all expectant mothers follow. She and her husband, Walt, had no idea their daughter would experience major health issues that would take them on an unexpected roller coaster of emotions.

Much like Katie's pregnancy, the first three months of Anabelle's life were normal and no issues were detected. It wasn't until Anabelle was 4 months old that her parents realized she wasn't meeting the expected milestones. At that time, the Krueger family lived in California, and Anabelle's pediatricians told her parents not to worry. But at 6 months old, the little girl wasn't smiling, had limited head control, and wasn't rolling over.

Katie and Walt were worried, and they began taking their daughter to see specialists. One by one, they heard "all clear," and were left facing a dreaded appointment



When no other hospital had answers for what was wrong with Anabelle, Le Bonheur did. Diagnosed with epilepsy, Anabelle has been cared for by Le Bonheur neurologists since she was 1.

with a neurologist. As they received normal reports from other specialists, the weight of seeing a neurologist felt heavier and heavier because they knew something was wrong, but they hoped it wasn't a neurological issue.

The day of the appointment arrived, and doctors confirmed that Anabelle did have a neurological issue and needed an MRI. While grappling with that confirmation, the Kruegers were dealt another blow when the physician told them he wouldn't help and wouldn't schedule an MRI because the family would soon be moving across the country to Mississippi.

Soon after, they made the move to Mississippi where they knew no one. The Kruegers relied on countless Google searches to find a doctor who would schedule the MRI Anabelle desperately needed. Knowing their child needed help, but being unable to secure that help was devastating and

frustrating for the new parents. When they finally found a doctor who'd see Anabelle, an MRI was scheduled for six weeks later. Katie and Walt didn't have six weeks. They knew Anabelle needed help and needed help fast.

Walt is from Memphis and has a longtime friend who works for Methodist



Anabelle has been mostly seizure-free since April 2018 thanks to the expert care she has received at Le Bonheur's world-class Neuroscience Institute.

Le Bonheur Healthcare. His friend understood their feeling of hopelessness and encouraged them to call Le Bonheur. Katie and Walt were overjoyed when Le Bonheur said they'd see Anabelle the next day.

"That was the first time we felt that a weight had been lifted," said Katie. "Even though we were on a path where we didn't want to be, we finally felt like there were people to walk alongside us and hold us up."

The team at Le Bonheur's world-class Neuroscience Institute discovered that Anabelle was experiencing infantile spasms, which can be extremely dangerous to child development if not controlled. Anabelle's doctors immediately ordered her hospitalized for an inpatient treatment regimen. A few weeks before her first birthday, Anabelle was diagnosed with epilepsy and began treatment. With the help of Le Bonheur, countless medicines and dietary changes, Anabelle, who is now 7 years old, has been mostly seizure-free since April 2018. "We couldn't have done any of this

> said Katie. "Every other place turned us away, but Le Bonheur has seen us through every step of the way." Although the Kruegers experienced a great deal of heartache along the way, those miserable experiences made them appreciate the wonder of Le Bonheur

without Le Bonheur,"

In 2019, the

even more

Kruegers moved to Memphis, and Katie joined Le Bonheur Club.

"I always knew that if we moved closer to Memphis, I wanted to be more involved at the hospital. I wanted to be a part of the team that gave my family our life back," said Katie. "I love that Le Bonheur Club is a group of strong women that support such an amazing mission."

While COVID made Katie's early



Anabelle's parents have both been inspired to give back because of their daughter's epilepsy journey. Katie joined Le Bonheur Club to volunteer at Le Bonheur and her husband, Walt, is currently in the PhD program for neuroscience at the University of Tennessee Health Science Center with plans to work for the lab that focuses on epilepsy research.

involvement with the Club largely virtual, she has enjoyed being a part of events like the Pumpkin Run — for which Anabelle was the honorary patient in 2022 and sharing her story at events like Le Bon Appetit.

"I always knew that if we moved closer to Memphis, I wanted to be more involved at the hospital. I wanted to be a part of the team that gave my family our life back. I love that Le Bonheur Club is a group of strong women that support such an amazing mission."

Katie Krueger, Anabelle's mom and Le Bonheur Club member

"There are so many special parts of the hospital, like Bunny Lane, which Anabelle has gone through," said Katie. "I look forward to sitting with patients and supporting other families the way we've been supported."

Katie's not alone in her desire to give back. Walt, a retired U.S. Marine, started down the path of sports medicine/kinesiology upon leaving the service. However, as Anabelle's journey progressed, he changed his major to biology. Now, he's in the PhD

> program for neuroscience at the University of Tennessee Health Science Center and he plans to work for the lab that focuses on epilepsy research.

Katie and Walt's journey has not been easy, and the pain they've felt many times along the way has been difficult to bear, but their determination to make the best possible choices for Anabelle has never wavered. The Kruegers are proud to give back to the hospital that saved Anabelle's life and hope to create a lasting impact for years to come.

# **FedExFamilyHouse continues to** provide comfort and care for families



Traveling with children can be daunting for even the most seasoned parent, but leaving the comfort of your own home to seek medical care for a child adds an entirely different level of stress and emotions. FedExFamilyHouse exists to take some of that burden off the shoulders of overwhelmed parents who come to Le Bonheur from out of town.

Shelbie and Jeremiah Hudson, of Amory, Miss., understand the roller coaster of emotions that parents endure during lengthy hospital stays. When Shelbie was just 18 weeks pregnant with her second son, Owen, her water broke; she was immediately admitted into a Tupelo hospital. Owen was born at just 27 weeks gestation, and he stayed in the Neonatal Intensive Care Unit (NICU) there for four months.

During this time, Shelbie pushed for Owen to be transferred to Le Bonheur because her mother's intuition told her that he needed more specialized care and support, as he was not eating properly and he suffered from hip dysplasia. "I was nervous once the time finally came to go to Le Bonheur because it was a much bigger hospital than we were accustomed to," said Shelbie. "But we immediately felt comfortable, loved and cared for at Le Bonheur."

On their first night at Le Bonheur, Shelbie and Jeremiah arrived with Owen around 3 a.m. and slept for three hours on a small couch in his NICU hospital room. The next day, a social worker told them about FedExFamilyHouse. Initially, the idea of not staying in the hospital with Owen made the parents quite nervous, but after months away from home the exhausted couple thought it might be a good idea.

"I literally felt like we were at home when we walked in to FedExFamilyHouse," said Shelbie. "We were amazed at the rooms, and it was so nice to take a warm shower and sleep — really sleep! A night with no beeping monitors, alarms or general sounds of the hospital was a game changer."

The next day they explored the rest of FedExFamilyHouse and were blown away by how much was available.

"After being in the NICU for months, it got really



While Owen received the expert care he needed at Le Bonheur, his parents, Shelbie and Jeremiah, were able to stay free of charge at FedExFamilyHouse. Jack Wesson was also able to meet his baby brother, Owen, for the first time at Le Bonheur.

expensive. Vending machines and fast food costs add up, and suddenly we were able to enjoy snacks free of charge and make meals in the beautiful kitchens at FedExFamilyHouse," said Shelbie.

Owen spent a month at Le Bonheur before he was strong enough to go home. After a long four months in the Tupelo NICU, Owen's stay at Le Bonheur weighed on the family both emotionally and financially.

"FedExFamilyHouse offered such comfort and took a huge weight off our shoulders," said Shelbie.

When Owen was in the NICU

in Tupelo, his big brother, Jack Wesson, wasn't able to meet him, but FedExFamilyHouse offered the Hudsons a



Owen Hudson received critical care in Le Bonheur's NICU for a month. His parents found a place of comfort and hope at FedExFamilyHouse.

comfortable place for big brother to enjoy, too. With a play area full of toys, books and stuffed animals, Jack Wesson never felt cooped up or bored. Best of all, he was finally able to meet Owen. Jack Wesson loved having a place to play and explore while staying with his parents, and it was a comfort to Shelbie and Jeremiah to have their family of four together at last.

"Le Bonheur made us feel like we were a step closer to home," said Shelbie. "FedExFamilyHouse makes follow-up visits and regular appointments feel less stressful. We don't dread future

visits because we know we can count on Le Bonheur to welcome us and truly care about our family."





When the Hudson family stayed at FedExFamilyHouse, they were able to enjoy snacks free of charge and make meals in the beautiful kitchens, rather than relying on fast food and vending machines.

## Recent Events

#### **Enchanted Forest**

The Enchanted Forest Festival of Trees begins each year with a stroll through the magical Festival of Trees that fills the Pink Palace Mezzanine with beautifully decorated trees. Once inside the exhibit, children of all ages are charmed by the animated characters set in the magical snowy setting of The Enchanted Forest. In 2022, the event raised more than \$200,000 for Le Bonheur Children's. If you are interested in getting involved by becoming a

Tree decorator, Sponsor or a Gingerbread House decorator for this year's event, please contact Elizabeth Boywid at emboywid@gmail.com. A perfect holiday tradition for the whole family to enjoy!







#### **Champions Kick-off**

On February 20, our 2023 Children's Miracle Network Hospital (CMNH) Champions gathered together to kick off the new year. These Le Bonheur patients had the opportunity to meet some of our CMNH partners. Throughout this upcoming

year, these champion kids will be able to share their stories and participate in activities hosted by different fundraising partners. A special thanks to our CMNH partners who participated at the event: Valvoline, Phi Mu Ole Miss, Walmart, Panda Express, FedEx Employee Credit Association, Desoto Central Jagathon and Love's Travel Stops.



Children's Miracle Network Hospitals

#### GenerosiTea Party

The 6th Annual West Tennessee GenerosiTea Party was held on April 2 at Twin Oaks in Humboldt. More than 200 guests gathered to enjoy a wonderful afternoon of crafts, photos, shopping and of course, tea! During the last 13 years, GenerosiTea parties in both Memphis and West Tennessee have raised more than \$350,000 for Le Bonheur.



GenerosiTea Party is planned and coordinated by the



newly formed Le Bonheur League of Jackson — a group dedicated to giving back to Le Bonheur through fundraising events. To learn more about Le Bonheur League of Jackson, please contact Alicia Russell at 731-780-1650.

#### FedExFamilyHouse Gala

The FedExFamilyHouse Gala was held Saturday, April 22, 2023, at The Peabody Hotel. This premier event, held annually, raises operational funds for FedExFamilyHouse. It ensures that thousands of families traveling to Le Bonheur will continue to have access to comfortable lodging at no cost. Guests enjoyed gourmet dining, Live & Silent Auctions, a wine pull, entertainment, dancing, a special performance by singer/ songwriter Josh Kelley, and guests of honor, 7-year-old Rhett

Sanderson and his family, who shared their impactful Le Bonheur story. Thanks to the generosity and dedication of our donors and volunteers, more than \$1.2 million was raised at this year's Gala. We are so grateful for our supporters who gathered together to celebrate 13 years of FedExFamilyHouse being a home for out-of-town Le Bonheur families.



## Caryline Adkins: A Legacy of Service and Giving



For more than 40 years, Caryline Adkins served at Le Bonheur Children's Hospital. She began her career as a Physical Therapist and shortly thereafter became the director of Rehabilitation Services.

Caryline's life was about service. "We're not put on this earth for ourselves but to give back to others ... laying the groundwork for the next generation is the responsibility of everyone," Caryline once said.

According to Danielle Keeton, director of Outpatient Rehab and Developmental Services at Le Bonheur, "It is impossible to measure Caryline's impact at Le Bonheur. She consistently served not only patients and families, but our Associates, too. She's left a big hole here and also a clear example of how to leave a legacy."



Caryline died in December, and thanks to her 40 years of service and a gift she made to Le Bonheur through her estate, her impact at Le Bonheur will continue for generations to come.

If you would like information about how you also can support Le Bonheur through a gift from your estate plan, please contact Cathy Wilson at 901-287-5575 or catherine.wilson@lebonheur.org or go to https://lebonheur.planmygift.org/



## With Heartfelt Thanks

We are so grateful to our donors who give from the heart! Thanks to them, we are here when children and their families need us most. We treat kids like 5-year-old Mary Michael Kimbrough. As a newborn, Mary Michael's breathing was labored and she seemed to be gasping for air.

Le Bonheur doctors discovered that Mary Michael's aorta was putting pressure on her windpipe. Her oxygen levels were very low, and she needed immediate surgery. Within days, Le Bonheur surgeons attached Mary Michael's aorta to her chest wall, relieving the immense pressure so she could breathe.

Following surgery, Mary Michael's parents learned that she had been breathing through a hole smaller than the size of a coffee straw.

Today, Mary Michael is thriving! She loves feeding ducks at the park, playing soccer and helping her parents at home with chores.

Visit **https://www.lebonheur.org/donorlist** to see a list of all our donors who have made a difference for kids this year!



Mary Michael Kimbrough





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Save these dates to participate in the Le Bonheur Pumpkin Run 5k & Family Walk!

Pumpkin Run events will be held in Jackson, Tenn., and Tupelo, Miss., on Oct. 14, and in Memphis on Oct. 21. A virtual option will also be available.

Each race concludes with a family-friendly party featuring a kids' costume contest, food, entertainment and more!







For more details and to register, run to PumpkinRun.org.